



FIELD CAMP EQUIPMENT AND SUPPLIES

Recommended Field Attire - *These items should be readily available whenever we are in the field.*

- Day pack
- Water bottle/Canteen, 1-quart size or larger or Camelback-type hydration system
- Wide brimmed hat
- Sunglasses
- Sunscreen (SPF 30 or higher)
- Long-sleeved cotton shirts and pants for sun-sensitive skin
- Shorts
- Hiking boots (well broken-in) **Sandals and flip-flops are not acceptable foot wear**
- Old shoes or TEVA-type sandals for wading in rocky streams
- Waterproof wind-breaker/poncho, sweatshirt/fleece jacket

Personal items

- Toiletries; alarm clock; towel & washcloth
- Personal medication
- Flashlight
- Pocket knife
- For Southwest Academy: Pillow, Bedding (twin sheets and blanket)
- On the road: Sleeping bag, Foam pad or air mattress
- Pencils, pens and erasers
- Money for snacks and other personal expenses
- Student/Photo ID and copy of insurance card
- Bathing suit for when we have time to stop at any water holes
- Several changes of clothing – we'll be in the field for up to a week and may not have access to laundry facilities until we return to base camp.

Group supplies we will provide

- Bound field notebook
- Calculator
- Permanent marker
- Graph paper - engineer's computation pad
- Ruler or straight edge
- Tape, Staples
- Clip board

Camping: AZrivers will supply most of the necessary camping equipment for the Riparian Research Experience (tents, camp stoves, lanterns, etc), *but students will need to bring some personal camping equipment such as sleeping bags & pads and toiletries.*

Lunches are typically eaten in the field and must be prepared in the morning prior to group departure.